

— *Schedule* —

March 28 (Sat)

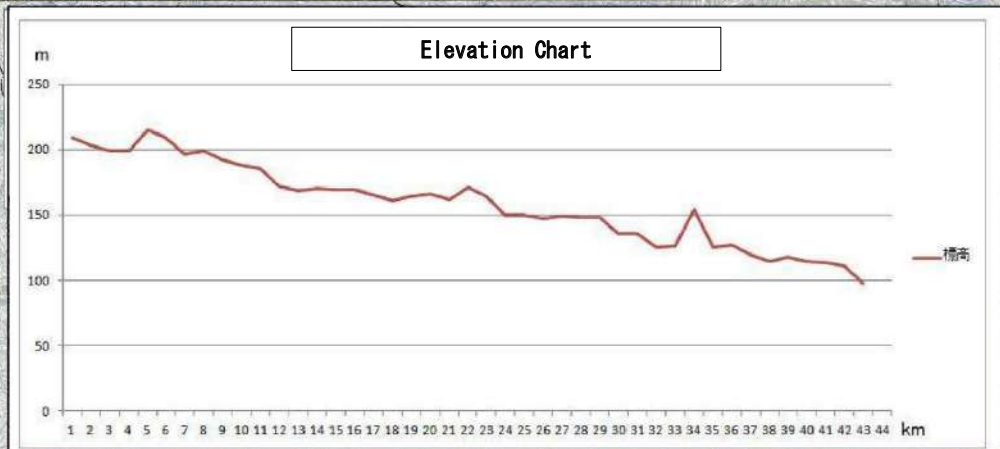
Timetable	Schedule	Venue/Notes
13:00 ~ 17:00	Pre-registration	Kubokawa Elementary School Gymnasium (Start Venue)

March 29 (Sun)

Timetable	Schedule	Venue/Notes
6:30 ~ 8:20	Same-day registration	Kubokawa Elementary School Gymnasium (Start Venue)
6:30 ~ 8:20	Baggage Storage	Kubokawa Elementary School Grounds (Start Venue)
8:00 ~ 8:40	Opening Ceremony	Greetings from the organizers and guests
9:00	Start	North side of Kubokawa Elementary School grounds (starting point)
11:30 ~	Baggage Claim Opens	Furusato Exchange Center (Finish Line)
12:00 ~	Shuttle Bus Service Commences	Runs to the starting point
12:30	Checkpoint (Blockade) 25km Mark	Cut-off time: 3 hours and 30 minutes from the start
13:00 ~	Award Ceremony	Furusato Exchange Center (Finish Line)
15:00	Competition ended	Time limit: 6 hours

Award ceremony

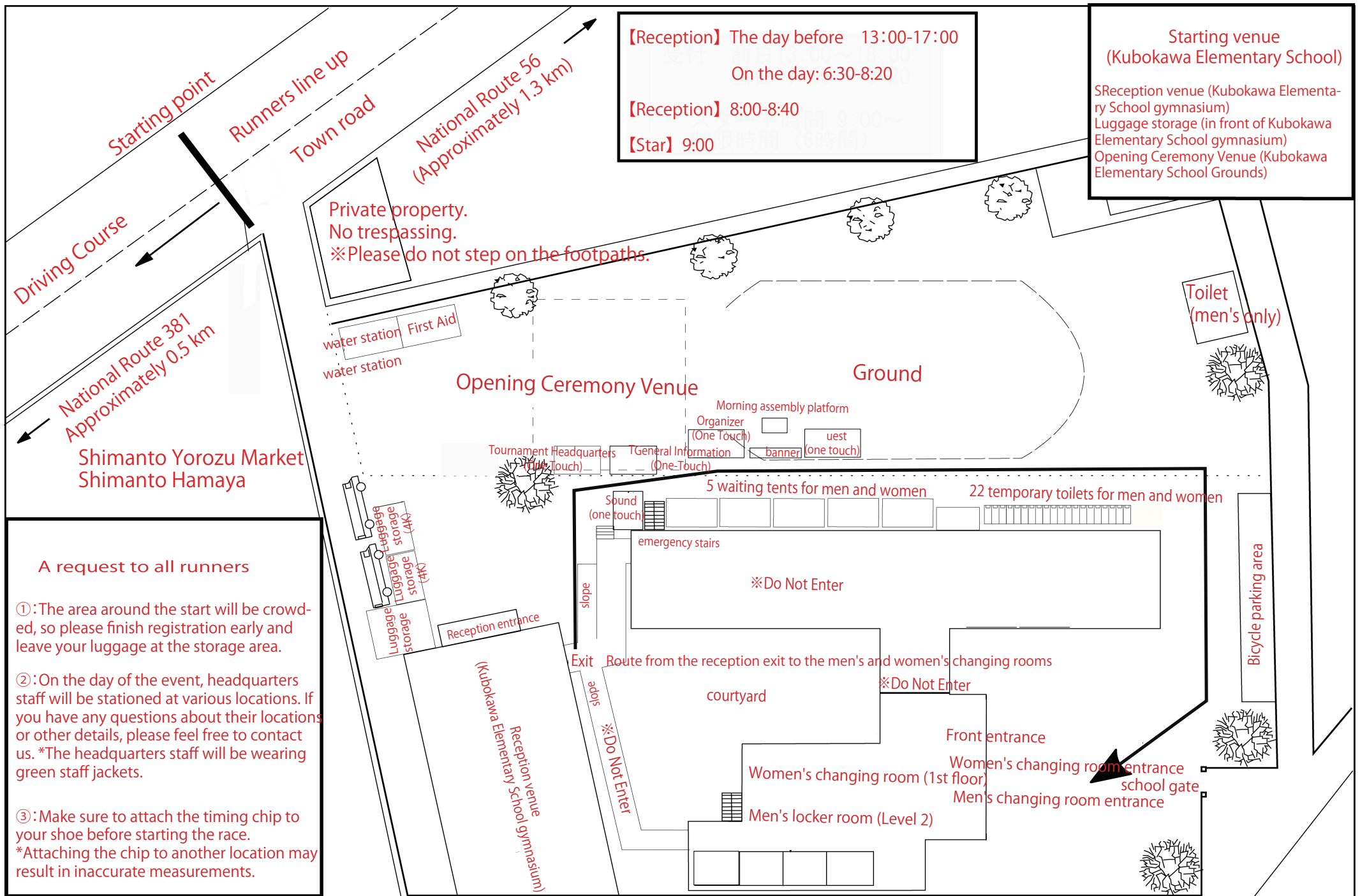
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|-------------------------------------|------------------|
| ★ Men's overall ranking | 1st to 6th place |
| Women's overall ranking | 1st to 6th place |
| ★ Men's 18-29 Age Group | 1st to 3rd place |
| Men's 30-49 Age Group | 1st to 3rd place |
| Men's 50+ Division | 1st to 3rd place |
| ★ Women's 18-49 Age Group | 1st to 3rd place |
| Women's 50+ Division | 1st to 3rd place |
| ★ Special Award Overall Ranking | 410th place |
| Special Award for Women 70 and Over | 1st to 3rd place |
| Special Award for Men 70 and Over | 1st to 3rd place |



監察・給水スタッフの業務終了は最後尾車通過後です

Water Station Supplies for the 18th Shimanto River Sakura Marathon

water station	distance	Section distance	Offerings												AED	First aid staff on duty	temporary toilet	
Start venue				water	sports drink											AED	First aid staff on duty	○
water station 1	4 . 3 km point	To the second water station 4.9 k m		water	sports drink											AED		○
water station 2	9 . 2 km point	To the 3rd water station 4.6 k m		water	sports drink											AED		○
water station 3	1 3 . 8 km point	To the 4th water station 2.0 k m	sponge	water	sports drink	Coke		tomato /banana		Salt kenpi				bread	AED		○	
water station 4	1 5 . 8 km point	To the 5th water station 3.7 k m		water	sports drink			Cucumber/Banana		Salt kenpi	salt gel			bread	AED	First aid staff on duty	○	
water station 5	1 9 . 5 km point	To the 6th Water Station 5.6 k m	sponge	water	sports drink	Coke	Ama zake		Rice balls/Os hiruko			jelly	Pickled plums		AED		○	
Checkpoint	25 k m point	To the 6th Water Station 100m		water	sports drink						salt gel				AED	First aid staff on duty	Facility toilet	
water station 6	2 5 . 1 km point	To the 7th water station 4.5 k m	sponge	water	sports drink	Coke		Banana	Rice balls/miso soup	Salt kenpi		jelly			AED	First aid staff on duty	○	
water station 7	2 9 . 6 km point	To the 8th water station 3.8 k m		water	sports drink		Ama zake	Banana	Rice ball / Ginger soup		salt gel		Pickled plums		AED	First aid staff on duty	○	
water station 8	3 3 . 4 km point	To the 9th water station 3.0 k m	sponge	water	sports drink	Coke		Banana	Rice ball			jelly			AED	First aid staff on duty	○	
water station 9	3 6 . 4 km point	To the 10th water station 3.2 k m		water	sports drink		Ama zake	Banana		Salt kenpi			Pickled plums	bread	AED		○	
water station 10	3 9 . 6 km point	until the goal 2.595 k m		water	sports drink	Coke		Banana		Salt kenpi		jelly		bread	AED	First aid staff on duty	○	
Finish venue				water	sports drink										AED	First aid staff on duty	○	



【Reception】 The day before 13:00-17:00
 On the day: 6:30-8:20
【Reception】 8:00-8:40
【Star】 9:00

Starting venue
 (Kubokawa Elementary School)
 SR Reception venue (Kubokawa Elementary School gymnasium)
 Luggage storage (in front of Kubokawa Elementary School gymnasium)
 Opening Ceremony Venue (Kubokawa Elementary School Grounds)

Private property.
 No trespassing.
 ※Please do not step on the footpaths.

Starting point
 Runners line up
 Town road
 National Route 56
 (Approximately 1.3 km)
 Driving Course
 National Route 381
 Approximately 0.5 km

Shimanto Yorozu Market
 Shimanto Hamaya

A request to all runners
 ①: The area around the start will be crowded, so please finish registration early and leave your luggage at the storage area.
 ②: On the day of the event, headquarters staff will be stationed at various locations. If you have any questions about their locations or other details, please feel free to contact us. *The headquarters staff will be wearing green staff jackets.
 ③: Make sure to attach the timing chip to your shoe before starting the race.
 *Attaching the chip to another location may result in inaccurate measurements.

water station
 First Aid
 water station

Opening Ceremony Venue

Ground

Morning assembly platform
 Organizer (One Touch)
 Guest (one touch)
 banner
 Tournament Headquarters (One Touch)
 General Information (One Touch)

Toilet (men's only)

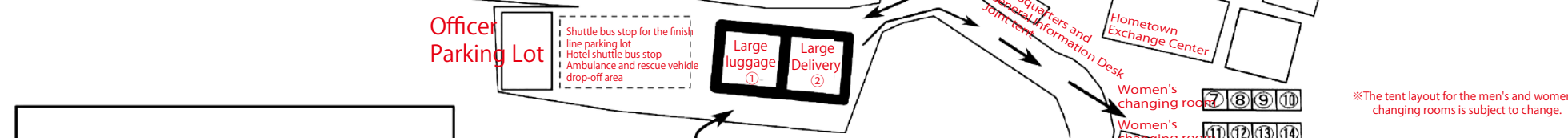
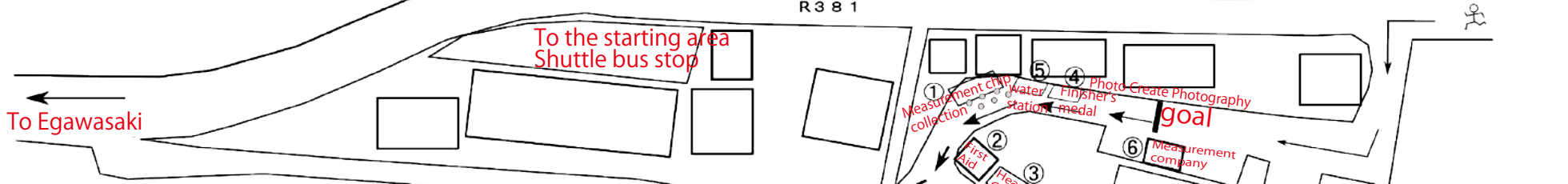
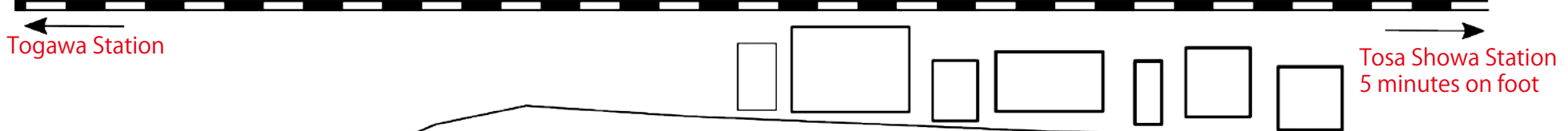
5 waiting tents for men and women
 22 temporary toilets for men and women

Luggage storage (4K)
 Luggage storage (4K)
 Luggage storage (4K)
 Reception entrance
 Reception venue (Kubokawa Elementary School gymnasium)

Sound (one touch)
 emergency stairs
 ※Do Not Enter
 Exit
 Route from the reception exit to the men's and women's changing rooms
 ※Do Not Enter
 courtyard
 Front entrance
 Women's changing room entrance
 Women's changing room (1st floor)
 Men's changing room entrance
 Men's locker room (Level 2)

Bicycle parking area

JR Yodo Line



※The awards ceremony will be held from 13:00.

To our supporters

The parking lot for the finish line (Koinobori Park) is a 10-minute drive towards Egawasaki. Please use the free shuttle bus to get to the venue. Please refrain from parking on the roadside or other areas around the venue, obstructing traffic, or parking in a way that inconveniences nearby residents.

※If the weather is not good, two medium-sized tents will be set up.

Hometown Exchange Center
Shimanto River River Play Park




himanto River

※The tent layout for the men's and women's changing rooms is subject to change.

Award ceremony venue
(In case of rain, the event will be held in the adjacent tent.)

(Finish line venue map)

-  = 4 large tents ① to ④
-  = Kariya Tent carry-in tents (3.6m x 5.4m) 4 units ⑰ to ⑳
-  = 16 Towa one-touch tents ① to ⑰

JR Timetable

Please note that the event parking lot may be very crowded. Also, the shuttle bus from the finish line to the start area is only available to runners, so if you are cheering on the runners, please use the JR Yodo Line.

◇◇◇◇◇◇◇◇◇◇◇◇◇◇◇◇ JR Yodo Line timetable ◇◇◇◇◇◇◇◇◇◇◇◇◇◇◇◇

◇◇◇◇JR Dosan Line Timetable◇◇◇◇

<i>Start ⇒ Finish</i>	
Departing from Kubokawa Station	Arriving at Tosa Showa Station
9:39	10:17
13:15	13:56
17:41	18:19

<i>Goal ⇒ Start</i>	
Departing from Tosa Showa Station	Arriving at Kubokawa Station
11:08	12:11
14:57	15:34
19:02	19:44

<i>Tosa Showa⇒Towards Uwajima</i>	
Departing from Tosa Showa Station	Arriving at Uwajima Station
13:56	16:08
18:19	20:07

<i>Kubokawa⇒Towards Kochi</i>		
Departing from Kubokawa Station	Arriving at Kochi Station	
12:33	14:41	Local
13:56	15:05	Express
15:56	17:04	Express
16:37	18:50	Local, transfer at Susaki
17:19	18:29	Express
18:45	20:51	Local
19:24	20:29	Express



**The eldest of the three brothers on the Yodo Line.
Also a supporter of the "Shimanto Trolley"**

*This timetable is current as of February 1, 2025.

It may be subject to change due to timetable revisions in mid-March 2026, so please double-check the information below before using the service.

To the starting venue

<i>Kochi⇒Kubokawa</i>	
Departing from Kochi Station	Arriving at Kubokawa Station
5:39	7:59

18th Shimanto River Sakura Marathon Free Shuttle Bus Schedule

① <<Planned stop location・March 29th Morning: Head to the starting point>>

destination Bus service	Roadside Station TOWA	Towa Onsen	Koinobori In front of the park	Three-way intersection in front of the Nishida residence in Onaj	Well Hanayume Taisho Onsen	Taisho Station	Roadside Station Taisho	hariki Branch	Hirose Tunnel entrance	Starting point Kubokawa Elementary School	Vehicles used No.
Shimanto koutsuu Large	6:00	6:05	6:10	—	—	6:35	6:40	6:50	6:51	7:05	
Shimanto koutsuu Large	6:10	6:15	6:20	—	—	6:45	6:50	7:00	7:01	7:15	
Shimanto koutsuu Large	6:20	6:25	6:30	—	—	6:55	7:00	7:10	7:11	7:25	
Shimanto koutsuu Large	6:30	6:35	6:40	—	—	7:05	7:10	7:20	7:21	7:35	
Shimanto koutsuu Large	6:40	6:45	6:50	—	—	7:15	7:20	7:30	7:31	7:45	
Shimanto koutsuu Large	6:50	6:55	7:00	—	—	7:25	7:30	7:40	7:41	7:55	
Shimanto koutsuu Large				7:00	7:07	—	7:25	7:35	7:36	7:50	

③ << (P1) (P2) Departure and starting point shuttle bus

destination Bus service	Matsubakawa Onsen	Accommodation Matsubagawaya	Starting point	Vehicles used No.	Shuttle bus Shimanto koutsuu	Ryokurin Park	Gosha Parking Lot	Starting point (Kubokawa Elementary School)	Vehicles used No.
Shimanto koutsuu medium size	7:00	7:20	—	7:40					
Shuttle bus Shimanto koutsuu					6:00~		We will operate on a shuttle basis.		
Shuttle bus Shimanto koutsuu					6:30~		We will operate on a shuttle basis.		
Shuttle bus Shimanto koutsuu					7:00~		We will operate on a shuttle basis.		

On the morning of March 29th, a free shuttle bus will run from near your accommodation to the starting point. Please feel free to use it.

② <<Scheduled stop locations and timetable・March 29th Return Afternoon Flight>> The black numbers indicate the shuttle bus from the finish line to JR Kubokawa Station and Ryokurin Park. The red buses are for transportation to accommodation facilities.

Stop location Bus service	Vehicles used No.	Finish point	Towa Roadside Station Towa Onsen	Mishima Campsite	Onaru Takemasa Jidouya	Well Hanayume Taisho Onsen	Taisho Station	Towa Roadside Station Taisho	hariki Branch	Hirose Tunnel entrance	Kubokawa Elementary School Starting point	JR Kubokawa Station	In front of Kubokawa Post Office	Kubokawa Junior High School	Ryokurin Parking Lot	Gosha Parking Lot	Accommodation Matsubakawaya	Matsubakawa Onsen
Shuttle bus	Town Bus ①	12:00	—	—	—	—	—	—	—	—	12:45	12:48	12:50	12:53	12:55	13:00	—	—
Shuttle bus	②	12:30	—	—	—	—	—	—	—	—	13:15	13:18	13:20	13:23	13:25	13:30	—	—
Shuttle bus	③	13:00	—	—	—	—	—	—	—	—	13:45	13:48	13:50	13:53	13:55	14:00	—	—
Shuttle bus	④	13:15	—	—	—	—	—	—	—	—	14:00	14:03	14:05	14:08	14:10	14:15	—	—
Shuttle bus	⑤	13:30	—	—	—	—	—	—	—	—	14:15	14:18	14:20	14:23	14:25	14:30	—	—
Shuttle bus	⑥	13:45	—	—	—	—	—	—	—	—	14:30	14:33	14:35	14:38	14:40	14:45	—	—
Shuttle bus	⑦	14:00	—	—	—	—	—	—	—	—	14:45	14:48	14:50	14:53	14:55	15:00	—	—
Shuttle bus	⑧	14:10	—	—	—	—	—	—	—	—	14:55	14:58	15:00	15:03	15:05	15:10	—	—
Shuttle bus	⑨	14:20	—	—	—	—	—	—	—	—	15:05	15:08	15:10	15:13	15:15	15:20	—	—
Shuttle bus	⑩	14:30	—	—	—	—	—	—	—	—	15:15	15:18	15:20	15:23	15:25	15:30	—	—
Shuttle bus	⑪	14:40	—	—	—	—	—	—	—	—	15:25	15:28	15:30	15:33	15:35	15:40	—	—
Shuttle bus	Town Bus ①	14:50	—	—	—	—	—	—	—	—	15:35	15:38	15:40	15:43	15:45	15:50	—	—
Shuttle bus	②	15:00	—	—	—	—	—	—	—	—	15:45	15:48	15:50	15:53	15:55	16:00	—	—
Accommodation n transfer		15:00	15:10	15:25	15:40	15:50	16:00	—	16:15	16:17	16:30	16:35	16:40	17:10	17:15	17:20	17:40	18:10
Shuttle bus	③	15:10	—	—	—	—	—	—	—	—	15:55	15:58	16:00	16:03	16:05	16:10	—	—
Shuttle bus	④	15:20	—	—	—	—	—	—	—	—	16:05	16:08	16:10	16:13	16:15	16:20	—	—
Shuttle bus	⑤	15:30	—	—	—	—	—	—	—	—	16:15	16:18	16:20	16:23	16:25	16:30	—	—
Shuttle bus	⑥	15:40	—	—	—	—	—	—	—	—	16:25	16:28	16:30	16:33	16:35	16:40	—	—
Shuttle bus	⑦	15:50	—	—	—	—	—	—	—	—	16:35	16:38	16:40	16:43	16:45	16:50	—	—
Shuttle bus	⑧	16:00	—	—	—	—	—	—	—	—	16:45	16:48	16:50	16:53	16:55	17:00	—	—
Shuttle bus	⑨	16:10	—	—	—	—	—	—	—	—	16:55	16:58	17:00	17:03	17:05	17:10	—	—
Shuttle bus	⑩	16:20	—	—	—	—	—	—	—	—	17:05	17:08	17:10	17:13	17:15	17:20	—	—
Shuttle bus	⑪	16:30	—	—	—	—	—	—	—	—	17:15	17:18	17:20	17:23	17:25	17:30	—	—

04 PARKING

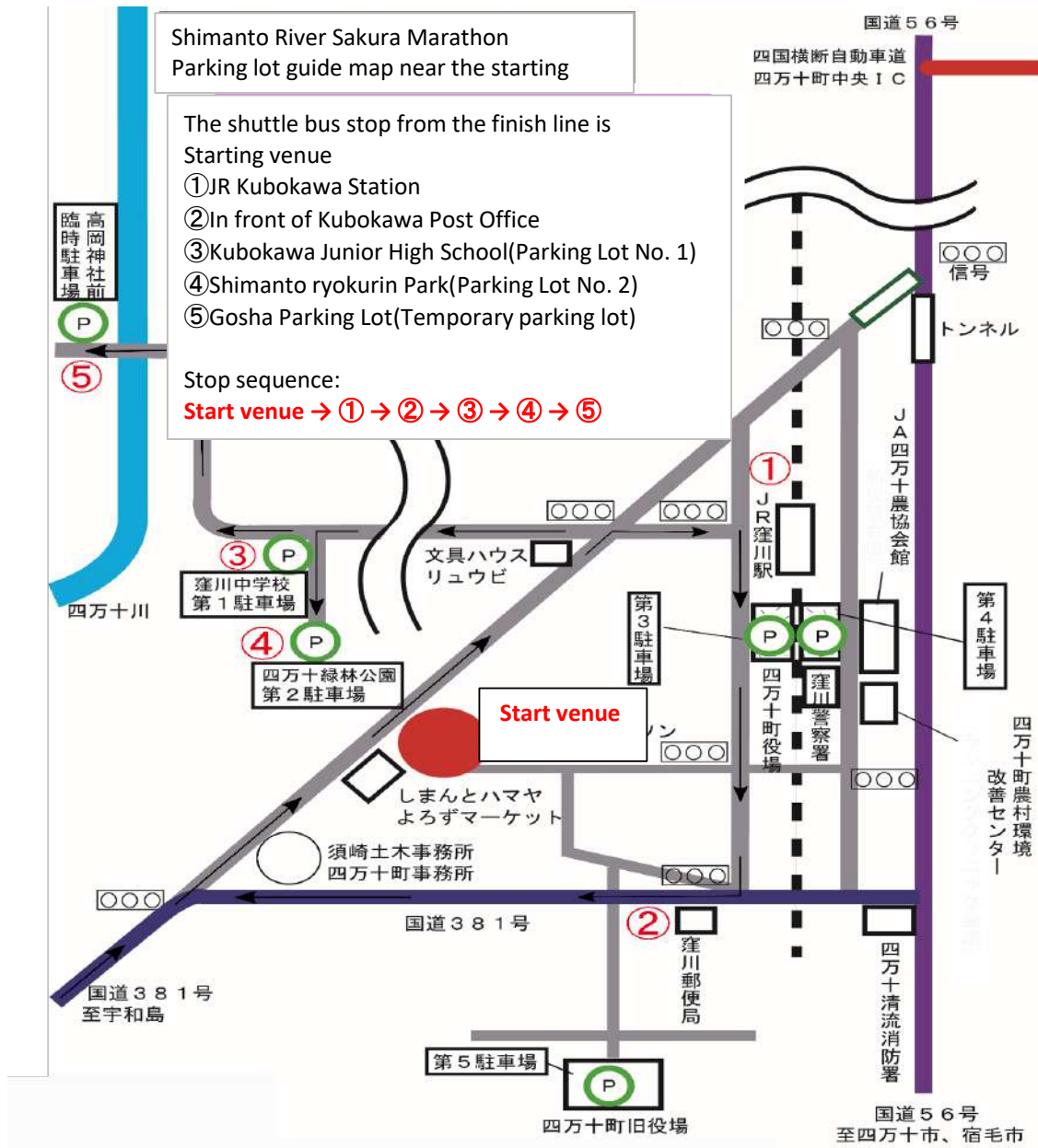
If you are coming by car on the day,
please use the parking lot shown in the map below.

• From P1 to the starting venue: approximately 10 minutes on foot.
 • From P2 to the starting venue: approximately 8 minutes on foot.
 • From P3 and P4 parking lots, it's about a 5-minute walk to the starting venue.

[attention]

- Please note that the organizers will not be held responsible for any accidents or incidents that occur in the parking lot.
- Please also take your trash with you when you leave.

18th Shimanto River Sakura Marathon Parking lot map (Near the starting area)



※1 Please do not park at Shimanto Hamaya Yorozu Market, as it is not designated as a marathon parking lot.

18th Shimanto River Sakura Marathon Parking lot map (Near the finish line venue.)

